

COVID-19 Return to Work/ School Flow Chart

COVID-19 SYMPTOMS²

- Fever (100.4°F / 38°C or higher)
- Cough
- Loss of taste or smell
- Chills
- Shortness of breath or difficulty breathing
- Fatigue
- Headache
- Muscle pain or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

²That are not explained by a preexisting condition, such as asthma.

ASSESS STAFF OR STUDENT FOR COVID-19

- **NO** symptoms
- **NO** COVID-19 diagnosis
- **NO** close contact of someone with COVID-19

CAN
go to school

- **Close contact of someone with COVID-19**
 - **NO** symptoms
 - **Tested NEGATIVE**, awaiting test results or **HAS NOT BEEN** tested
- *See guidance for fully vaccinated individuals below*

CANNOT
go to school
(can learn remotely)

Can return to building after **quarantining for 10 days³** from last date of Close Contact **IF** no symptoms develop during 10- day period. If symptoms develop, get tested or retested.

- **Tested POSITIVE for COVID-19**
- **NO** symptoms

CANNOT
go to school
(can learn remotely)

Can return to building **after isolating for 10 days** since the date of positive PCR test collection.

- **1 or more symptoms** for any duration
- **Tested NEGATIVE** for COVID-19 or given alternative diagnosis
- **NO close contact** of someone with COVID-19

CANNOT
go to school
(can learn remotely)

Can return to building **after 24 hours** have passed since fever resolved (without medication) **AND** symptoms have resolved. **OR** if alternative diagnosis by health care provider, follow provider directions and isolate per condition diagnosed (whichever isolation is longer). This is regardless of vaccination status.

- **1 or more symptoms** for any duration
- **Tested POSITIVE**, awaiting test results or **HAS NOT BEEN TESTED**
- **NO close contact** of someone with COVID-19

CANNOT
go to school
(can learn remotely)

Can return to building **10 days after symptoms** started **AND** at least 24 hours have passed since fever resolved (without medication) **AND** symptoms have improved. This is regardless of vaccination status.

- **Close contact of someone with COVID-19**
- **1 or more symptoms** for any duration
- **Tested NEGATIVE**, awaiting test results or **HAS NOT BEEN** tested

CANNOT
go to school
(can learn remotely)

Can return to building **after quarantining for 10 days** from last date of close contact. This is regardless of vaccination status.

KEY



Is a close contact³.
See Page 2.



Tested positive for COVID-19



Has symptom(s).
See top right

**Fully vaccinated people (2 weeks after last vaccination dose) do not need to quarantine after COVID-19 exposure. Watch for symptoms for 14 days and recommend testing 3-5 days after exposure. If symptoms develop, follow flowchart.*

COVID-19 Return to Work/School Flow Chart Definitions

CLOSE CONTACT DEFINITION³

“Close Contact” includes anyone in one or more of the following categories:

- Been within 6 feet (2 meters) of a person with COVID-19 for a combined total of 15 minutes or more within a 24-hour period
- Live in the same household as a person with COVID-19
- Cared for a person with COVID-19
- Been in direct contact with saliva or other body secretions from a person with COVID-19 (for example: been coughed on, kissed, shared utensils, etc.)

In a K-12 indoor classroom setting, the close contact definition excludes students who were at least 3 feet away from an infected student when

- Both students were wearing face coverings/masks AND
- Other prevention strategies were in place

This exception does not apply to teachers, staff, or other adults in the indoor classroom setting.

If you’ve been exposed to someone with COVID-19 and you have no symptoms, Snohomish Health District recommends the following:

1. Stay in quarantine for 14 days after your last contact. **This is the safest option.**
2. If this is not possible, and your school offers a modified quarantine, stay in quarantine for 10 days after your last contact, without additional testing.

* Fully vaccinated people (2 weeks after last vaccination dose) with no symptoms **do not need to quarantine** after COVID-19 exposure. Watch for symptoms for 14 days and recommend testing 3-5 days after exposure. If symptoms develop, follow flowchart.